



**FOR IMMEDIATE RELEASE**

**August 27, 2020**

**Contact: Susan McGovern  
(937) 220-6611 (office)**

## **Diabetes Dayton Merges with LifeCare Alliance**

**Dayton, OH** – Diabetes Dayton was founded in 1963 (formerly known as the Diabetes Association of the Dayton Area (DADA)), is dedicated to the assistance and support of individuals affected by diabetes. We are pleased to announce our merger with LifeCare Alliance, the Midwest's leading provider of Meals-on-Wheels and, one of the oldest and largest not-for-profit organizations in central Ohio. This merger partnership expansion will allow us to address the growing need for diabetes programs and services to the west. Diabetes management has become an increasing part of LifeCare Alliance's case management and cares for seniors and an essential way that the Agency partners with the medical community and insurance companies to provide effective intervention for positive client outcomes.

This partnership aims to expand service to existing and new clients, increase access to critical health care, and strengthen current services provided by both Diabetes Dayton and LifeCare Alliance. Below you will find statistics about the growing need for the continuation of diabetes services in Dayton.

### **Diabetes Stats:**

- Diabetes is the 7th leading cause of death for all adults in the US.
- In Dayton, diabetes is 4th leading cause of death for black males.
- Montgomery County has a higher incidence of diabetes (almost 14%) than the state and national levels, 11.2%, and 10.5%.
- One million Ohio adults (11.0 percent) have diabetes, and an additional 300,000 have diabetes but do not know it.
- African-Americans Ohioans have the highest death rate from diabetes.

As a LifeCare Alliance agency, Diabetes Dayton will continue all programming, including diabetes screenings, education, and Camp Ko-Man-She. This partnership joins two providers who are dedicated to delivering compassionate health care services to Ohioans. It will also create a stronger, more stable organization, eliminating operating redundancies and reducing administrative costs. We are confident in our ability to continue the quality and ever-expanding services to clients of Diabetes Dayton. And trust that this partnership will prove to serve more

clients with less cost, increase access to basic needs, and increase funding for enhanced services, as have our previous eight mergers and program assumptions.

### **About Diabetes Dayton**

Formerly known as the Diabetes Association of the Dayton Area (DADA), Diabetes Dayton has been in operation since 1963. Diabetes Dayton is a local, independent, 501(c)3 non-profit agency serving the Dayton area. Our programs include free AADE-accredited education classes, wellness series and cooking classes, emergency supply assistance, and camp for diabetes children. We help those affected by this disease with what they need now, to live healthy, productive lives every day.

### **About LifeCare Alliance**

Formed in 1898, LifeCare Alliance provides a comprehensive array of health and nutrition services to older adults and individuals living with a medical challenge or disability in central Ohio—keeping them safe, independent, and in their own homes, where they want to be! LifeCare Alliance operates a national model for its programs, leading in volunteer engagement, effective mergers, and social entrepreneurship. A not-for-profit organization, the Agency's mission is to lead the community in identifying and delivering health and nutrition services to meet the community's changing needs.



## **FREQUENTLY ASKED QUESTIONS**

### **Why did Diabetes Dayton and LifeCare Alliance decide to join forces?**

The two organizations agreed that this merger partnership would serve more clients at lower cost. The merger ensures that Diabetes Dayton's programs continue for many years to come.

### **What can the residents of Dayton, Ohio, expect from this merger partnership?**

The merger partnership will create a stronger and more stable organization, resulting in reduced operational redundancies and administrative costs.

### **Will the services of Diabetes Dayton continue as usual?**

There will be no interruption in services; all of the programs will remain the same, and the day-to-day operations of Diabetes Dayton will continue during this transition.

### **Will the employees and board leadership remain in their various positions?**

The employees of Diabetes Dayton will continue to work from their offices at 2555 Dixie Dr. UNIT 112 - Dayton, OH 43409, and the Diabetes Dayton Board of Directors will continue to serve as an advisory entity.

### **Will my contributions to Diabetes Dayton stay with the organization, or will they become LifeCare Alliance donations?**

All current and future donations to Diabetes Dayton will be designated directly to Diabetes Dayton, and will exclusively benefit its programs.

### **Will events that were planned before the merger continue as scheduled?**

Yes. The Blue Circle 5K/10K Walk and Run will continue, benefiting Diabetes Dayton. Every dollar raised will stay right in Dayton to help those affected by diabetes.



AN AGENCY OF LIFECARE ALLIANCE

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## LINKS

### **Special Announcement Press Kit**

<https://www.lifecarealliance.org/special-announcement/presskit/>

### **Mayor Nan Whaley's Video Statement**

<https://www.youtube.com/watch?v=mINPiavjVWw>

### **LifeCare Alliance Homepage**

<https://www.lifecarealliance.org>

### **Diabetes Dayton Homepage**

<https://www.diabetesdayton.org>

Symptoms of Diabetes:

- u Extreme hunger
- u Excessive thirst
- u Frequent urination
- u Fatigue
- u Drowsiness
- u Blurred vision
- u Wounds that won't heal
- u Numbness or tingling in hands or feet
- u Rapid weight loss

Uncontrolled Diabetes Can Lead To:

- u Heart disease/ stroke
- u Kidney disease
- u Blindness
- u Nerve damage
- u Loss of toes/ fingers

Management Options May Include:

- u Healthy Diet
- u Exercise
- u Oral Medications
- u Injectable Medications

Always follow your doctor's recommendations in managing your diabetes!



is supported by:



About Us

Diabetes Dayton is an independent non-profit agency serving the Dayton area since 1963. We are not affiliated with any national diabetes associations. Please consider supporting your local diabetes agency: all monies donated stay right here in the Dayton area to support those affected by diabetes.

	Diabetes Dayton	American Diabetes Association (ADA)	Juvenile Diabetes Research Foundation (JDRF)
Organization's mission addresses diabetes	✓	✓	✓
100% of funds donated and raised stay in our local community	✓		
Offers separate camps for kids with Type 1 and Type 2 diabetes	✓		
Prevention screenings & free diabetes education	✓		
Emergency assistance for the uninsured	✓		



2555 S. Dixie Drive, Suite 112 Dayton, OH 45409  
P: 937-220-6611 F: 937-224-0240  
www.diabetesdayton.org



Awareness. Support. Education.



Until there's a cure,  
we help you live.

2555 S. Dixie Drive  
Suite 112  
Dayton, OH 45409  
937-220-6611

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## Free Diabetes Education Classes

Select Saturdays, 9 am– 12 pm

Call for schedule and registration

AADE-accredited courses led by diabetes educators. Series offered once a month.

### Diabetes 101: Diabetes Survival Skills

- Explanation of the disease
- Monitoring properly
- Taking medications and insulin
- Treating highs and lows
- Introduction to meal planning

### Diabetes 102: Nutrition & Wellness

- Three steps of eating well
- Understanding Carbs
- Choosing foods & reading labels
- Sugar substitutes, alcohol, caution foods

### Diabetes 103: Long-term Health

- Lifestyles for healthy management
- Avoiding complications
- Stress management

## Camp for Children with Diabetes

A fun-filled week of summer camp activities where children make friends with other kids living with diabetes, while learning to become more independent with managing their disease



## What is Diabetes?

### Type 1 Diabetes

Occurs when the insulin-producing cells in the body are destroyed by an autoimmune response. Patients must use insulin.

### Type 2 Diabetes

Most common type; occurs when the pancreas does not make enough insulin or the body does not use insulin effectively.

### Pre-Diabetes

Also called insulin resistance; occurs with elevated blood sugar levels that are not high enough yet to be classified as Type 2 diabetes. Without lifestyle changes, more than half individuals with pre-diabetes will acquire Type 2.

### Risk Factors:

- u Family history of diabetes
- u Certain Ethnic groups: African Americans, Asians, Pacific Islanders
- u Age 45 or older
- u Vascular disease/high blood lipid levels
- u History of Polycystic Ovarian Disease
- u Gestational diabetes
- u Overweight
- u Inactive lifestyle



## Screenings

On-site fingerstick A1c tests for just \$15. Results in 5 minutes! Appointments required. Call to schedule.

## Supply Assistance

Patients without insurance are eligible to receive a free glucometer and/or a 30 day supply of glucose test strips one time per calendar year. Syringes, pen needles, sharps containers and alcohol swabs may also be available.

## Low-Cost Testing

Become a Bionime customer! Our low-cost option beats all other brands. The meter is \$5, and strips are just \$10/ 50 count box! Always in stock, and always just \$10! Pay by cash, debit/credit card or check. Stop in during office hours to get started!

## Contact Us:

Phone: 937-220-6611

Email: [admin@diabetesdayton.org](mailto:admin@diabetesdayton.org)

Web: [www.diabetesdayton.org](http://www.diabetesdayton.org)

2555 S. Dixie Drive Suite 112



# Summer Camps For Kids



July 5—11, 2020

*camp for kids with  
type 1 diabetes  
ages 7-17*

*camp for kids with insulin  
resistance, at risk for  
diabetes or type 2 diabetes  
ages 12-17*

## Campers enjoy:

- Having fun in the great outdoors and participating in challenging new activities
- Making friendship with other kids living with diabetes that will last a lifetime
- Learning new things about diabetes management and forming a diabetes support system
- Being able to enjoy camp knowing there are people who understand diabetes that are there to help you

## Parents enjoy:

- Physicians and nurses from Dayton Children's Hospital with diabetes expertise providing around the clock supervision
- Counselors with exercise science & lifestyle change training understand the children's needs & are strong role models
- RD designed meals and snacks, as well as blood glucose monitoring and injections integrated into the camp program

*Camps presented by Diabetes Dayton as part of our non-profit programming.*

**To receive a registration form:**

**T: 937/220-6611**

**Email: [admin@diabetesdayton.org](mailto:admin@diabetesdayton.org)**



*Camps are held at Camp Willson, YMCA Outdoor Center, in Bellefontaine, Ohio.  
[www.ymcacolumbus.org/willson](http://www.ymcacolumbus.org/willson)*



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# LIFECARE ALLIANCE

Nourishing The Human Spirit.

**Biography**  
**Susan McGovern**  
**Executive Director**  
**Diabetes Dayton**

My journey with Diabetes Dayton began in 2000 when I started as the Programs Coordinator. Before that, I was the Coordinator of Public Health Education at the Dayton and Montgomery County Health Department for ten years.

In the position, I wrote and coordinated the implementation of the Ohio Department of Health and the Centers for Disease Control, grant-funded wellness programs in the community, schools, and workplaces. I was also adjunct faculty at the University of Dayton's Department of Health and Exercise Science from 1991 to 1992. I became the Executive Director of Diabetes Dayton in 2007.

I have always been passionate about health and wellness. I feel that Diabetes Dayton has played a vital role in our community with its mission to help those affected by this disease with what they need now, to live healthy, productive lives every day. That's why "until there's a cure, we help you live."



**Biography**  
**Charles W. Gehring**  
**President and Chief Executive Officer**  
**LifeCare Alliance**

Charles W. Gehring is President and Chief Executive Officer of LifeCare Alliance. LifeCare Alliance, which was founded in 1898 as the Instructive District Nursing Association, is one of Central Ohio's oldest and largest not-for-profit organizations, with annual revenues of \$25 million and 230 employees. LifeCare Alliance's mission is to provide health and nutrition services to those in need in Central Ohio. For each senior or chronically ill individual who remains independent and in their own home through the services of LifeCare Alliance, the taxpayers of Ohio save over \$78,000 per year.

Gehring has completed four key mergers, along with numerous program assumptions, adding to the services offered to the Central Ohio Community. In all cases, LifeCare Alliance has expanded services to serve more clients with much less cost.

LifeCare Alliance has also initiated social entrepreneurial ventures to prevent client waiting lists and offset reductions in traditional funding sources.

Chuck earned a Masters' Degree in Business Administration from Xavier University, a Bachelors' Degree from The Ohio State University, and is a graduate of St. Charles Preparatory High School. Chuck is also a graduate of the Columbus Area Leadership Program.

Chuck is a member of the Board of Directors and Treasurer for The Columbus Chamber of Commerce, Ohio Dominican University, and the Central Ohio Area Agency on Aging. He was appointed by Governor John Kasich to the Board of the Bureau of Examiners of Long Term Care Services and Supports.

Chuck was selected to receive the 2012 Robert M. Duncan Alumni Citizenship Award from The Ohio State University Alumni Association. Chuck received the 2010 Alumni Award for Community Service from The Ohio State University Fisher College of Business. Chuck received the 2010 Borromeo Medal for Distinguished Service to St. Charles Preparatory School, his high school alma mater.

Chuck is a frequent and popular speaker, and has been the featured presenter at a number of conferences, meetings and functions, speaking on topics including leadership, agency mergers, corporate wellness programs, planned giving, fundraising, and social entrepreneurship.



